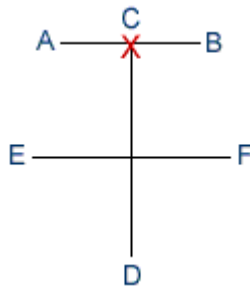


PATTERNS: TOI-GYE

TOI-GYE is the pen name of the noted scholar Yi Hwang (16th century), an authority on neo-Confucianism. The 37 movements of the pattern refer to his birthplace on 37 latitude, the diagram represents "scholar".



TOI-GYE

Movements - 37

Ready Posture - CLOSED READY STANCE B

1. Move the left foot to B forming a right L-stance toward B while executing a middle block to B with the left inner forearm.
2. Execute a low thrust to B with the right upset finger tip while forming a left walking stance toward B, slipping the left foot to B.
3. Bring the left foot to the right foot to form a closed stance toward D while executing a side back strike to C with the right back fist, extending the left arm to the side downward. Perform in slow motion.
4. Move the right foot to A forming a left L-stance toward A while executing a middle block to A with the right inner forearm.
5. Execute a low thrust to A with the left upset finger tip while forming a right walking stance toward A, slipping the right foot to A.
6. Bring the right foot to the left foot to form a closed stance toward D while executing a side back strike to C with the left back fist, extending the right arm to the side downward. Perform in slow motion.
7. Move the left foot to D forming a left walking stance toward D while executing a pressing block with an X-fist.
8. Execute a high vertical punch to D with a twin fist while maintaining a left walking stance toward D. Perform 7 and 8 in a continuous motion.
9. Execute a middle front snap kick to D with the right foot, keeping the position of the hands as they were in 8.
10. Lower the right foot to D forming a right walking stance toward D while executing a middle punch to D with the right fist.
11. Execute a middle punch to D with the left fist while maintaining a right walking stance toward D.
12. Bring the left foot to the right foot forming a closed stance toward F while executing a twin side elbow thrust. Perform in slow motion.
13. Move the right foot to F in a stamping motion forming a sitting stance toward C while executing a W-shape block to C with the right outer forearm.
14. Move the left foot to F in a stamping motion turning clockwise to form a sitting stance toward D while executing a W-shape block to D with the left outer forearm.
15. Move the left foot to E in a stamping motion turning clockwise to form a sitting stance toward C while executing a W-shape block to C with the left outer forearm.
16. Move the right foot to E in a stamping motion turning counter clockwise to form a sitting stance toward D while executing a W-shape block to D with the right outer forearm.
17. Move the left foot to E in a stamping motion turning clockwise to form a sitting stance toward C while executing a W-shape block to C with the left outer forearm.
18. Move the left foot to F in a stamping motion turning clockwise to form a sitting stance toward D while executing a W-shape block to D with the left outer forearm.

- 19.** Bring the right foot to the left foot and then move the left foot to D forming a right L-stance toward D while executing a low pushing block to D with the left double forearm.
 - 20.** Extend both hands upward as if to grab the opponent's head while forming a left walking stance toward D, slipping the left foot to D.
 - 21.** Execute an upward kick with the right knee while pulling both hands downward.
 - 22.** Lower the right foot to the left foot and then move the left foot to C forming a right L-stance toward C while executing a middle guarding block to C with a knife-hand.
 - 23.** Execute a low side front snap kick to C with the left foot, keeping the position of the hands as they were in 22.
 - 24.** Lower the left foot to C forming a left walking stance toward C while executing a high thrust to C with the left flat finger tip.
 - 25.** Move the right foot to C forming a left L-stance toward C while executing a middle guarding block to C with a knife-hand.
 - 26.** Execute a low side front snap kick to C with the right foot, keeping the position of the hands as they were in 25.
 - 27.** Lower the right foot to C forming a right walking stance toward C while executing a high thrust to C with the right flat finger tip.
 - 28.** Move the right foot to D forming a right L-stance toward C while executing a side back strike to D with the right back fist and a low block to C with the left forearm.
 - 29.** Jump to C forming a right X-stance toward A while executing a pressing block with an X-fist.
 - 30.** Move the right foot to C forming a right walking stance toward C while executing a high block to C with the right double forearm.
 - 31.** Move the left foot to B forming a right L-stance toward B while executing a low guarding block to B with a knife-hand.
 - 32.** Execute a circular block to BD with the right inner forearm while forming a left walking stance toward B, slipping the left foot to B.
 - 33.** Bring the left foot to the right foot and then move the right foot to A forming a left L-stance toward A, at the same time executing a low guarding block to A with a knife-hand.
 - 34.** Execute a circular block to AD with the left inner forearm while forming a right walking stance toward A, slipping the right foot to A.
 - 35.** Execute a circular block to CE with the right inner forearm while forming a left walking stance toward CE.
 - 36.** Execute a circular block to AD with the left inner forearm while forming a right walking stance toward A.
 - 37.** Move the right foot on line AB to form a sitting stance toward D while executing a middle punch to D with the right fist.
- END:** Bring the right foot back to a ready posture.